

# YALEMAIL

Newsletter October 2009

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## Yale Secondary School

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Our Mission:

**“We work together  
developing  
responsible  
citizens dedicated  
to lifelong  
learning.”**

## Principal's Message

Summer is over and we are back to work. We've welcomed several new staff members, including Mr. Byron (Special Education), Ms Cairns (English/ESL), Ms Denham (English/Home Economics), Mr. Hall (English), Mr. Penner (Science), Ms. Shreyer (Baseball Academy) and Mr. Carpenter (Science). There are about 1240 students enrolled at Yale this year.

Over the years, our senior students have taken a leadership role at the school. Under the direction of Mrs. Pollastretti, the Link Leaders have taken on a mentorship role with the new 9th graders and taken their roles seriously. It is very gratifying to hear them steering their proteges down the right paths.

You continue to send us outstanding students and they are creating memories while building their futures. We anticipate another year of bests... best academic results, best athletics, best arts and best atmosphere. You can help us by giving us your feedback and getting involved in the school. Schools are better when parents engage. Talk to us if you would like to get involved.

Go Yale!

**Parents please note!** We are aware of some students' plans to take part in Spring Break vacations that are NOT sanctioned by the school. You need to be aware that on these trips, your son or daughter will not be supervised by staff of the school district. Supervision, if there is any, will come from the staff members of the resorts - people who don't have any legal requirement to ensure your kids are safe. Further to that, several of these "vacations" are in other countries - where your recourse for problems is limited. We do not endorse these trips and can not give you any assurances that your kids won't be exposed to drugs, alcohol or risky behaviour. We strongly advise that you choose other ways for your kids to enjoy their Spring Break.

Glen Roger  
Principal, Yale Secondary School. Your neighbourhood school.

## Dates to note:

Oct 5-16 – Magazine Drive  
Oct 12 – Thanksgiving Day (no school)  
Oct 15 – Grad parent meeting 7:00pm  
Oct 19 – Photo retakes  
Oct 23 – Non-Instructional Day (no school)  
Oct 26 – 30 – Spirit Week  
Oct 29 – Hallowe'en Carnival Dance 7:00-10:00pm  
Nov 2 - Grad Photos  
Nov 4 - Grade 9 Take our Kids to Work Day  
Nov 10 – Formal Day  
Nov 11 – Remembrance Day (no school)

For a complete calendar go to  
[www.yalesecondary.com](http://www.yalesecondary.com) and  
click on 'school calendar' under  
the student information tab

## Yearbooks

...are on sale now for \$45. The price goes up to \$50 November 1<sup>st</sup>, so get your order in now!

## Parent Advisory Council

The first PAC meeting will be Thursday, October 8th at 7:30 p.m. Agenda items include: PAC finances, parent partners, canteen volunteers, Principal's report (class size and composition etc.) and a question and answer time. Refreshments will be served. Parental involvement is essential at the high school level. Research is clear; students that do well in school have parents that are actively involved in their education. Come out and support your kids!

## Counseling Corner

### District Scholarship Information

District scholarships are an opportunity to showcase your talents in a number of areas and compete for the 80+ \$1000 scholarships offered across the district.

#### Who qualifies?

- Full time students with a minimum of 20 credits in grade 12 year
- must be a Canadian citizen or permanent resident as of Sept 30, 2009

#### What are the areas?

- Fine Arts • Applied Skills • Physical Activity • Second Languages

#### You've decided to do a project – NOW WHAT?

- Get an application form from the Counseling Centre. Complete it and bring that, the \$20 registration fee and the Outline of Project sheet to Ms. Baldwin in the Counseling Centre. The deadline is Oct. 30, 2009 but the earlier you get started the better. April comes quickly!

#### What do you have to do?

- Complete a project that demonstrates your talents and expertise in an area. Projects are presented and adjudicated in April 2010. You are required to spend a minimum of 100 hours on your project but in reality, most students spend many more hours than this.

Past projects include:

- a collection of art or photographs (often centered around a theme)
- making a movie
- performing several pieces on a musical instrument(s) or singing several songs
- performing in a drama piece or writing or directing a play
- building a go-cart, complex fishing tackle box, or other furniture piece or ...
- creating a series of characters or a story in computer animation
- using CAD to create house or other designs
- editing the school newspaper throughout the year, writing articles for the newspaper
- writing a novel or a collection of short stories or poems (can be done for the Second Language project as well)
- creating a travel brochure in a language other than English
- introduce and teach a martial art or dance or fitness program to PE classes or elementary school students.
- organize a major event (fundraising, fun activity etc)
- use your creativity to come up with your own project idea



### Scholarship/Bursary Opportunities for Grads 2010

Thinking about Post Secondary schooling and wondering how to offset costs? Yale grads and their parents should be sure to check out the Scholarship section under Student Information on the school website. MANY scholarship and bursary opportunities are listed there along with application dates, criteria and helpful web sites. This information will be updated throughout the year. Students are encouraged to stop by the counseling centre if they have questions or need ideas.

### Scholarship workshop

On October 14th, 7-9:30pm, Yale is offering a free session to Yale grade 11 and 12 students and their parents on how to apply for and win scholarships. Brittany Palmer, former Abbotsford grad and very successful scholarship winner, will be our guest speaker, sharing her story and strategies. This is a great opportunity to help Yale grads get started on the hunt for scholarships.

### UBC Campus Tour

On October 23rd, Mrs. Perry is taking a group of grade 12 students to UBC for the day. The trip will include a bus ride in to UBC, campus tour, question/answer session and lunch in the city! First come, first served. Cost: \$ 20.00. See Mrs. Perry in the counseling centre for more info.

### GRADS of 2010

Interested in attending UFV next fall? Now is the time to start investigating programs and application deadlines. Entrance requirements for all programs can be found online here:  
<http://www.ufv.ca/calendar/>

UFV started accepting applications for the Fall 2010 semester on October 1. Applications may be submitted online, in person, or by mail. We recommend early application, but it is not critical that students apply on October 1. If you have any questions related to admissions, please contact Admissions coordinator Julie Laursen at [julie.laursen@ufv.ca](mailto:julie.laursen@ufv.ca) or 604-854-4540 or associate registrar Elaine Harris at [elaine.harris@ufv.ca](mailto:elaine.harris@ufv.ca) or 604-864-4645.

## Key Club

Key Club is the oldest and largest service program for high school students. It's a student-led organization that teaches leadership through serving others. Members of the Kiwanis International family, Key Club members build themselves as they build their schools and communities. Today, Key Club exists on more than 5,000 high school campuses, primarily in the United States and Canada. Key Clubs also exist in many Caribbean nations, Central and South America, Asia and Australia.

The Key Club at Yale Secondary School is in full swing again this year. Students interested in joining are invited to attend Tuesdays at lunch in Mrs. Penner's room B101. The membership fee is \$15.00 to cover additional insurance and a monthly magazine. We will once again focus on school, community and global events. Membership in this club looks great on job resumes and scholarship applications.

## Musical Theatre

This year's exciting Musical Theatre production is our 20th Anniversary production and we are producing Andrew Lloyd Webber's outstanding musical "CATS". The production takes place in February, 2010. We are looking for backstage/technical help with the show in a wide range of areas. If you are interested in being a part of the production, please contact either Mr. Reynolds or Mr. Dencer at the school. Please watch future newsletters for more details.

## Grade 9's Go to Work!

On Wednesday, Nov. 4, hundreds of thousands of grade nine students will spend the day at workplaces across Canada. Our Yale grade nines will be participating in this opportunity to experience the world of work and the variety of career opportunities that await them.

The Take Our Kids to Work program enables the entire community – parents, teachers and workplaces – to play an important role in the career development of young Canadians. Permission forms and more information will be handed out soon. Parents and students are encouraged to plan ahead for this day. If it is not possible for a student to go with their parent, they may arrange a job shadow with a relative, friend or neighbour. Our goal is to have every grade nine student in a workplace setting that day.

## Graduation Transitions

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### The Graduation Portfolio

...is not dead, just simplified! All grade 12's are required to complete the new Graduation Transitions program. Students with a study in semester one are currently working on the requirements on Tuesdays and Thursdays. Students with a study in semester two will also be in a Transitions block on Tuesdays and Thursdays next semester, have your graduate get a head start by picking up a Transitions Booklet from Mr. Radons in the Career Centre. Students without a study can look at the info on the website and should see Mr. Radons for information. A reminder to all gr. 10 & 11 students to record their Daily Physical Activity (D.P.A.). You can download an easy to use log sheet from the [www.yalecareers.com](http://www.yalecareers.com) home page. Check out the new Yale Secondary Careers website [www.yalecareers.com](http://www.yalecareers.com). For information on Graduation Transitions, Work Experience, and Apprenticeships.

### Career Prep

If you are interested in sponsoring a Yale student for paid or unpaid work experience, or if you have any questions about Yale's Career Program's please contact Mr. Radons at [clayton\\_radons@sd34.bc.ca](mailto:clayton_radons@sd34.bc.ca).

Interested in operating heavy equipment? Want to dig really BIG holes? Contact Mr. Radons or Mr. Colby about Yale's new Heavy Equipment Operator ACE-IT Course .. starting Semester Two.

## Yale Athletics

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The ever popular Yale Sports scene is up and running. Thank you to the list of coaches below, guiding our young athletes. For the latest Lions Den Athletic News check out the Athletics tab on the Yale Secondary Website.

### Fall Coaches are:

**Swim Team:** Jennie Cairns/Christine Ross

**Jr. Girls' VB:** Anita McMahon/Alison Arnold    **Jr. Girls VB Blue:** Kirsan Dey/Lisa Burdeyny/Brian Payne

**Sr. Girls' VB:** Ali Tessarolo/Rod White

**Jr. Boys' VB:** Mike Ivany/Jeff Payne

**Sr. Boys' VB:** Lisa Burdeyny/Jen Schreyer

**Cross Country:** Soraya Rajabally/Brian Bell

**Sr. Boys' Soccer:** Chris Leonard/Tony Dekleva



## Community News

### Yale Shows its Generosity

Following numerous coin drives and other fundraising activities, Yale staff and students raised over \$3000 for the Canadian Breast Cancer Foundation this year making the three year total over \$10,000! At last year's Run for the Cure, which is a fundraiser specifically for breast cancer research, Yale presented a cheque for over \$6000 and took home the trophy for being the top fundraising school in the Fraser Valley. This year, over 45 students and staff were part of the Yale Run for the Cure Team at Rotary Stadium on October 4th making their school and community especially proud. WAY TO SHOW YOU CARE AND THAT YOU'RE ALL HEART YALE!

### IMMIGRANT PALS (PUNJABI)

A free family literacy program is available to new immigrant Punjabi speaking families who have children that are three and four years old. Eligible families must be new to Canada having arriving within the last 2-3 years. Space is allocated on a first come first serve basis. However, preference will be given to those who have limited English. This program supports twenty - five families and runs for 10 sessions. Sessions run one evening per month, from approximately 4:45pm - 7:00pm. The program is located at Harry Sayers Elementary. For further information, please call Kanta Naik at 604-853-7640 or Cindy Romanowski at 604-851-4580

### SWIS (Settlement Workers in Schools)

If your family, or someone you know is new to Abbotsford and has immigrated to Canada in the last year, you or they may be eligible for the service of a SWIS worker. SWIS workers can help you family connect with school and can also help your family with many other settlement needs in your home language. Services are currently available in twenty-one languages and can be arranged for in other languages, if necessary. Please contact your local school for a pamphlet of SWIS Information for Families or call Kanta Naik at 604.853.7640

### BC Healthy Kids Program

The BC Healthy Kids Program helps low income families with the costs of basic dental care and prescription eyewear for their children.

Eligible clients include dependent children under 19 years of age who receive Medical Services Plan (MSP) premium assistance through the Ministry of Health Services.

More at: [www.eia.gov.bc.ca/publicat/bcea/Healthykids.htm](http://www.eia.gov.bc.ca/publicat/bcea/Healthykids.htm)

### ACE AllStars Cheerleading and Dance

offers recreational cheer/tumbling and dance classes as well as a competitive program. Our sport includes general fitness, dance, gymnastics, stunting and teamwork! We are open to boys and girls ages 3-18, and have been serving the community for just over 2 years.

We are safety certified, criminal record checked, and fully insured. Please see our website at [www.acecheer.ca](http://www.acecheer.ca)

### The Abbotsford Grand Squares Dance Club

is welcoming new people, aged 13 and up, to the fun of modern Square Dancing. Singles and couples or larger groups are all welcome. We dance at the ASA (Abbotsford Seniors Association) Hall, 33889 Essendene Avenue.

Dress is casual. Refreshments will be served. Join us for the healthy exercise and the friendly social atmosphere.

For More Information: Contact - Tanye 604-820-9533

### Keep Active and Keep Strong

Back to school also means the start of organized activities and sports for many young people. Children and youth need to take care of their bodies in order for them to have fun and perform optimally physically and in school.

To help your child be at their best, provide support to:

- Keep well hydrated throughout the day - water is needed for many basic functions in our bodies
- Follow a healthy diet - Eat 3 meals and snacks every day, choosing foods from each of the 4 food groups
- For most children, there is no need to supplement any nutrients if a balanced diet is followed
- Make sure they get adequate sleep - school age kids need 8 – 10 hours per night
- Be smoke-free, talk to your children about the dangers of smoking and ensure their environment is smoke-free.
- Be active – it is recommended that children have at least 30 minutes of activity everyday
- Role model healthy behaviours – after all, you have the most influence over your child's health choices.

**Eat Well...Be Active...Live Tobacco Free.**

### About Yale Mail

We've gone green! We would prefer to email Yale Mail to you but we will print a limited number of newsletters and have them available at the office. If you would like to have the Yale Mail sent to you via email, please email Jenny in the school office at [jenny\\_perkins@sd34.bc.ca](mailto:jenny_perkins@sd34.bc.ca) 📧