

# REGISTRATION FORM

Name: \_\_\_\_\_  
 D.O.B.: DD/MM/YYYY Sex:  M  F  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_  
 Emergency Phone: \_\_\_\_\_

UFV reserves the right to cancel programs should the number of registrants be insufficient.

Camp Code	Dates	Cost

Total Cost: \$ \_\_\_\_\_

T-Shirt Size (Unisex):

Small  Medium  Large  XL

## METHOD OF PAYMENT

Cash  Cheque  Credit Card

Visa #: \_\_\_\_\_

MasterCard #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please wear appropriate gym attire and bring snacks and water.

# CAMP SCHEDULES

<b>Camp</b>	<b>GIRLS BASKETBALL:</b> Envision Athletic Centre	
<b>Codes:</b>	Date: July 13-17 (Mon-Fri)	Cost: \$100
<b>GBB1</b>	Grades: 1-3	Time: 9am-11am
<b>GBB2</b>	Grades 4-6	Time: 12pm-2pm
<b>Camp</b>	<b>BOYS BASKETBALL:</b> Envision Athletic Centre	
<b>Codes:</b>	Date: August 10-14 (Mon-Fri)	Cost: \$125
<b>BBB1</b>	Grades 6-9	Time: 9am-12pm
<b>BBB2</b>	Grades: 10-12	Time: 1pm-4pm
<b>Camp</b>	<b>ROWING:</b> Fort Langley Rowing and Paddling Centre	
<b>Codes:</b>	Date: July 20-24 (Mon-Fri)	Cost: \$125
<b>ROW1</b>	Grades: 9-12	Time: 9:30am-12:00pm
<b>Camp</b>	<b>GIRLS SOCCER:</b> Bateman Park	
<b>Codes:</b>	Date: August 24-27 (Mon-Thurs)	Cost: \$100
<b>GSO1</b>	Ages: 7-12	Time: 9:30am-12pm
<b>Camp</b>	<b>BOYS SOCCER:</b> Bateman Park	
<b>Codes:</b>	Date: August 24-27 (Mon-Thurs)	Cost: \$100
<b>GSO1</b>	Ages: 7-12	Time: 9:30am-12pm
<b>Camp</b>	<b>GIRLS VOLLEYBALL:</b> Envision Athletic Centre	
<b>Codes:</b>	Date: August 17-21 (Mon-Fri)	Cost: \$125
<b>GVB1</b>	Grades: 7-9	Time: 10am-1pm
<b>GVB2</b>	Grades: 10-12	Time: 2pm-5pm
<b>Camp</b>	<b>CO-ED VOLLEYBALL:</b> Envision Athletic Centre	
<b>Codes:</b>	Date: August 25-29 (Mon-Thurs)	Cost: \$125
<b>COVB1</b>	Grades: 8-10	Time: 9am-12pm
<b>COVB2</b>	Grades: 11-12	Time: 1pm-4pm



## 2009 Cascades Summer Sport Camps

Learn to play the Cascades way!



For more information please visit:

[www.ufv.ca/athletics](http://www.ufv.ca/athletics)

or contact Andrew Meadwell  
 at (604) 504-7441 ext. 4449

# CAMPS

## Rowing:

Whether you are just starting out or you are a returning pro, this five day camp will refine and/or teach rowing technique, proper equipment usage, safety techniques and rowing terminology. You will learn with others in a racing shell under the guidance of UFV head rowing coach Liz Chisholm, as well as UFV student-athletes.

## Girls Basketball:

Players will learn, practice and develop both offensive and defensive skills through individual and group drills, competitions and game play. Offensive skills include: shooting, passing, dribbling, footwork and 1 on 1 game play. Defensive skills include: stance, footwork, and rebounding. Al Tuchscherer, three-time BCCAA Coach of the Year and UFV women's basketball head coach will provide leadership for this camp.

## Boys Basketball:

Basketball skills camps are open to all abilities, with a focus on skill development and will include various drills and 5 on 5 scrimmages. Barnaby Craddock (Head coach UFV men's basketball and 2007 CIS Coach of the Year) organizes and supervises the instruction of the assistant-coaching staff and varsity student-athletes. Instructor to participant ratio is approximately 1:8.

## Girls Volleyball:

This camp will emphasize on the fundamentals of volleyball and improve your skills before the new season starts. Participants will have scrimmages and focus on passing, setting, hitting, blocking, serving and digging. UFV coaches and athletes will provide leadership for this camp.

## Boys Volleyball:

Former Olympian and UFV men's volleyball head coach Greg Russell will be leading these intense camps that will focus on technique, game situation drills and strategy. Students will also have the opportunity to practice these skills in mock competitions.

## Girls Soccer:

The UFV girls soccer camp is your ultimate soccer learning experience this summer, because we offer specific training for all levels of ability. The camp will teach players the fundamental skills necessary to carry their game to the next level. Former Canadian National team captain and UFV women's soccer coach Colin Miller will lead the girls camp.

## Boys Soccer:

This camp combines a strong emphasis on individual skills along with team tactics. Players will receive training in finishing, passing, dribbling, and general ball control. Alan Errington, UFV men's soccer coach who has prior coaching experience in the World Cup and Olympics will direct the boys camp.

# FEATURES

## Instructors:

The camps will be led by UFV head coaches along with community coaches and current/former university players.

## Bonus:

All campers will receive an authentic UFV Athletics t-shirt and one family pass to any UFV basketball, volleyball or soccer game.

# REGISTRATION

## Refund Policy:

If in the event that you cancel your child's camp session, a minimum of 7 days notice prior to the start date of the camp is required for a refund, less a \$25 administrative fee. Should you fail to give 7 days notice, you will be required to pay the full camp fee.

In the event of an illness, a refund will still be granted minus the \$25 administrative fee. In the case of injury, a refund will also be granted minus the \$25 administrative fee and minus any camp days attended.

## How To Register:

### In Person:

Visit the Athletics office in the Student Activity Center (building E) between 8:30am and 4:30pm Monday to Friday.

### By Mail:

Send registration form & payment (do not mail cash) to:

UFV Athletics Department  
Summer Sport Camps  
33844 King Road  
Abbotsford, BC V2S 7M8

### By Phone:

604-504-7441 ext.4449 (Andrew Meadwell)

### By Fax:

604-855-5936

*Please make all cheques payable to:*

**UFV Athletics Department**

# WAIVER FORM

I acknowledge that participation in athletics and recreation activities involves the risk of personal injury. In consideration to the use of the facilities, premises, and equipment of the University of the Fraser Valley by my child for athletics and/or recreation activities, I accept that risk, on behalf of my child, regardless of the nature of the injury. I agree and understand that the University, its officers, employees, agents and representatives shall not be liable for any personal injury, death, loss of property or damage as a result of my child's participation in athletics and/or recreation activities at the University whether caused directly or indirectly by the fault or negligence of the University, its officers, employees, agents and representatives or otherwise. I hereby release, indemnify and hold harmless the University, its officers, employees, agents and representatives of from all claims, causes of action, costs, expenses or demands which myself, my child, my heirs, executors, administrators or assistants may have with respect to any such injury, death, loss or damage. I give permission to the University of the Fraser Valley to arrange for medical care for my child in the event of a medical emergency.

**I CONFIRM I HAVE READ, UNDERSTOOD AND ACCEPTED THE ABOVE CONDITIONS.**

\_\_\_\_\_  
Name of child (please print)

\_\_\_\_\_  
Name of parent/guardian (please print)

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

Please list any relevant allergies or medical issues that the University of the Fraser Valley Athletics should be aware of: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_